

PROGRAM 2020/2021

Professional artistic school "Fly-in-Dance"



Monday

For Children

16.00 - 17.00	Contemp Ballet 4 Level
17.00 - 18.15	Contemp Ballet 5 Level

For Adults

09.00 - 10.30	Folk Dance (LCA Group)
18.00 - 19.00	Contemp Ballet Adults
18.15 - 19.00	Latin Fitness & Pilates
19.00 - 20.30	Yoga - All Levels

Tuesday

For Children

15.00 - 16.00	Individual Training
16.00 - 17.00	Ballet 2 Level
17.00 - 17.45	Stretching++
18.00 - 19.15	Ballet 7 Level

For Adults

09.00 - 10.00	Belly dance. Pilates
10.00 - 11.30	Ballet for Adults
18.00 - 19.00	Individual Training
19.15 - 20.30	Ballet - Beginners

Wednesday

For Children

15.30 - 16.30	Yoga & Acrobatics
17.00 - 18.15	Ballet 5 Level
18.00 - 18.45	Ballet & Dance 1 Level

For Adults

18.00 - 19.00	Individual Training
18.15 - 19.15	Dancehall
19.00 - 20.30	Yoga - All Levels

Thursday

For Children

16.00 - 17.00	Ballet & Dance 4 Level
17.00 - 18.00	Ballet & Dance 2 Level
18.00 - 19.15	Ballet & Dance 7 Level

For Adults

10.00 - 11.30	Folk Dance (NIC Group)
18.00 - 19.00	Individual Training
19.15 - 20.30	Ballet - Intermediate

Friday

For Children

15.30 - 16.30	Yoga & Acrobatics
15.30 - 16.30	Dancehall & Hip-hop
16.30 - 17.30	Folk Dance 5 Level
16.30 - 17.30	Hip-Hop 2 - 4 Level
18.00 - 18.45	Ballet & Dance 1 Level

For Adults

08.30 - 09.30	Yoga & Pilates
10.00 - 11.30	Ballet

18.00 - 19.00	Individual Training
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Saturday

For Children

10.30 - 11.30	Yoga & Acrobatics
12.00 - 13.00	Individual Training

For Adults

09.30 - 10.30	Contemp Ballet Adults
10.30 - 11.30	Stretching

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