

PROGRAM

Professional artistic school "Fly-in-Dance" 2019/2020

Monday

<u>For Children</u>		<u>For Adults</u>	
		09.30 - 10.30	Yoga (Greek)
16.00 - 17.00	Ballet 4 Level	18.30 - 19.00	Express Fitness NEW
17.00 - 18.15	Ballet 5 Level	18.30 - 19.30	Pilates & Stretching
		19.00 - 20.00	Yoga for Beginners (Eng)
		19.00 - 20.00	Yoga (Greek)

Tuesday

		08.30 - 09.45	Yoga (Eng/Rus)
		09.30 - 10.30	Yoga (Greek)
		10.00 - 11.30	Ballet
16.00 - 17.00	Ballet 2 Level	18.30 - 19.30	Stretching
17.00 - 18.00	Yoga & Stretching++	19.00 - 20.00	Yoga (Greek)
17.00 - 18.00	Ballet 1 Level	19.30 - 21.00	Ballet Beginners
18.00 - 19.20	Ballet 7 Level		

Wednesday

<u>For Children</u>		<u>For Adults</u>	
		09.30 - 10.30	Yoga (Greek)
16.45 - 18.00	Dance 5 Level	18.30 - 19.30	Pilates & Stretching
		19.00 - 20.30	Yoga (Eng/Rus)
		19.30 - 20.30	Yoga (Greek)

Thursday

<u>For Children</u>		<u>For Adults</u>	
		09.30 - 10.30	Yoga (Greek)
16.00 - 17.00	Dance 4 Level	18.30 - 19.30	Latin Styling
17.00 - 18.00	Dance 2 Level	19.30 - 21.00	Ballet Intermediate
18.00 - 19.20	Ballet 6-7 Level		

Friday

<u>For Children</u>		<u>For Adults</u>	
		08.30 - 09.30	Belly Dance. Pilates
		10.00 - 11.30	Ballet
15.00 - 16.00	Latin Ball Dance	18.30 - 19.00	Express Fitness NEW
16.00 - 17.00	Folk Dance		
17.00 - 18.00	Street & Hip-Hop Dance		
18.00 - 18.30	Gymnastic Stretching		

Saturday

<u>For Children</u>		<u>For Adults</u>	
10.00 - 12.00	Private classes	10.00 - 13.00	Private classes

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